

## New Youth Religious Education Programs Coming This Fall!

### Confirmation Preparation Year 1 (formerly 6<sup>th</sup> grade):

*Encounter*: Published by Ascension Press, this program “is more than a Bible study program. It is a life-changing experience that speaks directly to the hearts and minds of middle-school-aged kids.” It has a video and workbook component as well as a Bible timeline to help kids learn the stories of the Bible and how much God loves them! It is both fun and fast paced and has a great guide for the catechists leading it!



### Confirmation Preparation Year 2 (formerly 7<sup>th</sup> grade):

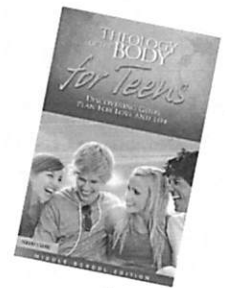
*Decision Point*: From the website: “Are you ready to engage the young people of your parish in a life-changing conversation about the genius of Catholicism?”

For too long we have watched young people walk away from the faith. The tragedy is, most of them have never had the genius of Catholicism presented to them in a compelling way. So they have walked away, completely unaware of what they were turning their backs on.”

Published by Dynamic Catholic, this is a Confirmation preparation program that utilizes short video clips with Catholic speaker Matthew Kelly, journal prompts, and class discussion led by catechists. It even has a free app available for download with the entire program!

### 8<sup>th</sup> grade:

*Theology of the Body for Middle School*: Published by Ascension Press, this video/workbook-style class led by catechists is designed to help middle schoolers grow in their moral life during this often-confusing time. This program uses “a great mix of stories, real-life examples, activities, prayers, and references to the culture that are relevant to lives of the youth.” It even has a parent handbook available!



### DISCIPLE® 9<sup>th</sup>-12<sup>th</sup> grades:

*YDisciple*: Created by the Augustine Institute and available on FORMED.org, *YDisciple* is a video and discussion-based program that works best in small groups with adult mentors. Instead of books, it relies on activities and handouts available with each video topic. It also has a parent component! The structure of this program is to foster true discipleship in teens and among their peers groups by providing the support of adult mentors and parents, as well as to help all to grow in their knowledge of our Catholic faith! There are also activity-based sessions to build community and to provide social activities, prayer experiences, and service projects.